

Iyengar Yoga Deep Studies and Apprenticeship Program 2018

with Aaron Fleming, CIYT Intermediate Jr 3 and Alex Cleveland, CIYT Intermediate Jr 1

Aaron Fleming (Cincinnati, Ohio) and Alex Cleveland (Louisville, Kentucky) will collaborate in offering a Deep Studies and Apprenticeship program in 2018. We will meet four on Saturdays to explore asana, pranayama, philosophy, anatomy and additional related areas of practice. The schedule will be different for each of the Saturdays but expect to meet from 9am to 5:30pm. Homework assignments will be given to further our practice and supplement our understanding between sessions.

DATES

March 10, 2018 (Louisville)

June 2, 2018 (Cincinnati)

Aug. 25, 2018 (Louisville)

Nov. 3, 2018 (Cincinnati)

FEE

\$400

HOW TO APPLY

Please fill out this application form. Mail the completed form and pay the fee, postmarked by February 15, 2018. Fees are non-refundable. You may pay by check (payable to College Hill Yoga) OR you maybe pay online at (there is a 3% fee for online payment): <http://bit.ly/2BEjzJz>

This program is for:

- :: Aspiring and prospective Certified Iyengar Yoga Teachers (CIYT)
- :: CIYTs preparing for higher levels of certification
- :: Serious students, with a minimum of one year of yoga experience who want to advance in their practice and understanding of Iyengar yoga (but may not have plans to teach)

Please note:

- :: If you are not a current Iyengar Yoga student, please register for a weekly class with a CIYT.
- :: Aspiring teachers will be actively mentored in preparation for Iyengar teaching certification.
- :: Iyengar Yoga is a comprehensive and distinct method. This is a program for those with commitment and dedication to Iyengar yoga.



For more information contact:

Aaron Fleming at aaron@collegehillyoga.com or 513-748-9375

Iyengar Yoga Deep Studies and Apprenticeship Program 2018 APPLICATION

Name:

Address:

Email:

Phone:

Application Date:

How long have you practiced Iyengar Yoga?

Who is your primary teacher?

Are you a yoga teacher? What style?

Are you a Certified Iyengar Yoga Teacher (CIYT)?

If so, what is your certification level?

When were you last assessed?

Are you planning to become a CIYT or assess at a higher level?

Briefly describe why you are applying to this program:

List any current ailments or on-going conditions you'd like us to know about:

The fee for the year is \$400. Checks made out to College Hill Yoga. Mail your check and form to 1514 Wittlou Ave, Cincinnati, OH 45224. Application postmarked by February 15, 2018. Fees are non-refundable.